



YOGA FOR THE MIND & BODY

Yoga classes to relax, release
and destress.

6:00 PM - 7:00 PM

- **THURSDAY, SEPTEMBER 14TH**
- **THURSDAY, OCTOBER 12TH**
- **THURSDAY, DECEMBER 7TH**

Dunbar Neighborhood Center
477 Windsor Street SW Suite 305
Atlanta, GA 30312

REGISTER TODAY



To scan, hover your phone camera over the
QR code and click the link that shows.



With Tosi @tositheyogi

**FIRST 10 NEW
PARTICIPANTS
RECEIVE A FREE
YOGA MAT!**