

# Lasting

RELATIONSHIPS

Weekly  
Date Night  
Giveaways

Thursdays  
starting 8/21/25  
at 6:30 PM



Improve intimacy

Create a loving home

Discover the key to  
successful relationships

Manage Conflict

Improve co-parenting

Model Healthy  
Relationships

## Build the Relationship You've Always Wanted

Join our virtual sessions to strengthen your connection, improve communication, and resolve conflicts. Build a healthier bond and model positive relationships for your children's brighter future.



Center for Black Women's  
Wellness

REGISTER TODAY!

