



Center for Black Women's  
Wellness



# TEA TIME

A NUTRITION & MENTAL  
HEALTH EVENT

**THURSDAY, MARCH 12TH**

**5:00 pm - 7:00 pm**

**Dunbar Center**

**477 Windsor Street SW**

**Atlanta, GA 30312**



## JOIN US FOR...

- Conversation on tea & its health properties
- Free hot or iced tea
- Light snacks and finger foods
- Mental health & nutrition education
- Referrals for free 1-on-1 therapy

**REGISTER HERE**  
or go to  
[www.cbww.org/events](http://www.cbww.org/events).

